

## WHAT IS OIR ?

### OIR Largs, founded in 1987,

is a vibrant organisation catering for the interests of the over- fifties. We exist to encourage and facilitate interesting activities for those who have retired and/or have reached that mature age using, for the most part, the skills of Members.

Both old and new Members are encouraged to suggest and help to promote, additions to this list of Activities.

If you have a hobby or special interest that you would like to share, then other Members may be found to help start a new Group.

**Membership, even in the past restricted year, exceeded 600, drawn mostly from Largs, but also from Wemyss Bay, Skelmorlie, Fairlie, West Kilbride and even places further afield.**

Further information about our Activities is always available from [oirlargs.org.uk](http://oirlargs.org.uk) our website, or

#### The Office

**133 Main Street, Largs, KA30 8JH**

(at the junction with Waterside Street)

#### Open on weekdays

throughout the year - if restrictions allow.

**from 10 am. until noon.**

Information about any programme changes will be made available on the website, by e-mail to Members who have given permission for their address to be used, at the Monthly Meetings and by Notices posted in the local newspaper and in the window of the Office.

### The Annual Subscription for Members is £10

Additionally,

there is generally an attendance charge towards Hall costs and other expenses incurred in the running of the Group.

Application Forms are available from the Office, the website, or by email from the Membership Secretary:

[oir.largs@outlook.com](mailto:oir.largs@outlook.com)

### Executive Committee - Standing for re-election

Jean Stuart	Chairperson	675207
Eric Niven	Treasurer	687035
Shirley Strang	Secretary	07951 288192
Agnes Kennedy	Minute Secretary	689696
Bob Pattie	Group Liaison Officer	568733
Allen Fenton	Membership Secretary	673699
Joan Robinson	Editor - The Grapevine	675665
Neil Barlow	Office Manager	522117
Eric Niven	Outings Organiser	687035
	Vacancies !	
	Vacancies !	
	Vacancies !	

Valerie Meldrum	Outings Organiser	07749 379920
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## MONTHLY MEETINGS

**A General Meeting, to which all Members are invited, is held at 2 pm. in Clark Memorial Church Hall, normally on the first Wednesday of each month, from September to June, except during Lent\* when it moves to Thursday.**

There is usually a Guest Speaker or some other form of entertainment, followed by a chance to meet and chat with Members. In addition, announcements are made about any changes to the Groups or Activities, including any new items.

The list below presents an outline of the Programme.

1 <sup>st</sup> September	Annual General Meeting
6 <sup>th</sup> October	via Zoom - "John Buchan" - Ursula Buchan
3 <sup>rd</sup> November	"The Art of Propaganda" - Andrew Shand
1 <sup>st</sup> December	Christmas Entertainment - Strathspey & Reel Society
<b>2022</b>	
5 <sup>th</sup> January	via Zoom - The Hunterian Art Gallery, Glasgow - Maureen Park
2 <sup>nd</sup> February	"Burns" - Eileen Bremner
3 <sup>rd</sup> March *	OIR Drama Group - "The Sundowners"
7 <sup>th</sup> April *	"Love Letters from a Desert Rat" - Elizabeth Allan
4 <sup>th</sup> May	Lime Tree Larder
1 <sup>st</sup> June	Annual General Meeting and to follow - Music by "Sandalian"

*Light refreshments are provided at the end of each Meeting.*

There is also an opportunity to seek out Group Leaders and Committee Members to ask any questions that you may have and to make suggestions for new Activities to be added to our list.



133 Main Street  
Largs, KA30 8JH

01.07.21

**OIR  
LARGS**

OPPORTUNITIES IN RETIREMENT

Scottish Registered Charity  
SC012153

PROVISIONAL

# ACTIVITY TIMETABLE

2021 ... 2022

Members are requested to exercise care in relation to their own health and safety and that of others, when taking part in Activities.

*If taking part in an Activity of a physical nature, you may wish to consult your medical specialist before so doing.*

Clothing appropriate to the Activity being undertaken, should always be worn.

ARE YOU OVER 50 ?  
NEW MEMBERS WELCOME

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Walking Netball (W)</b> 10 - 11 am. Irene Rafferty 07731 686434</p> <p><b>Bridge (Y)</b> 1.15 - 4.30 pm. Jim Meldrum 07776 211169</p> <p><b>Dance (W)</b> 1.30 - 4 pm. Bill Alexander 522043 Archie Adams 649008</p> <p><b>Drama (W)</b> 2 - 4.30 pm. Pauline McIntosh 522034</p> <p><b>Bird Watching (F)</b> 2 pm. Earl Spencer 01294 824819</p>	<p><b>Calligraphy (W)</b> 10 am. - noon Jim Bassett 672754</p> <p><b>French - 1 (W)</b> 10 am. - noon Agnes Kennedy 689696</p> <p><b>Italian - 2 (W)</b> 10 am. - noon Marco Cecchini 672759</p> <p><b>Keyboard (W)</b> 10 am. - noon Stewart Tindal 07826 527940</p> <p><b>Carpet Bowls (W)</b> 2 - 4 pm. Brian McNeil 648733</p> <p><b>Jewellery Making (W)</b> 2 - 4 pm. Lorette Duddy 07824 644251</p> <p><b>Philosophy (W)</b> 2 - 4 pm. Maddie Allardice 670747</p> <p><b>Zumba Gold (Y)</b> 2.15 - 3.15 pm. Irene Gilmour 07764 250092</p> <p><b>Book Club (Y)</b> 3.45 - 4.45 pm. 1<sup>st</sup> Tuesday in the month Margaret Sharp 272135</p> <p><b>Keeping Fit (Y)</b> 5.30 - 6.30 pm. Jean Stuart 675207</p> <p><b>Table Tennis (Y)</b> 7 - 9 pm. Marco Cecchini 672759</p>	<p><b>Level Walking (Y)</b> Mainly on the Level Lorette Duddy 07824 644251</p> <p><b>Tai-Chi (W)</b> 09.45 - 10.45 am. Advanced 10.45 - 11.45 am. Beginners 11.45 am. - 12.45 pm. Beginners Elizabeth Hambley 528639 Gillian McCulloch 07799 257427</p> <p><b>Pilates (W)</b> 10 - 11 am. Anne Hind 321791</p> <p><b>French - 2 (W)</b> 10 am. - noon Charlie Waugh 633688</p> <p><b>French - 3 (W)</b> 1.30 - 3.30 pm. Agnes Kennedy 689696</p> <p><b>Scottish Country Dancing (W)</b> 2 - 4 pm. Margaret Allen 530479</p> <p><b>Enjoy Music (F)</b> 2 - 4 pm. 2<sup>nd</sup> and 4<sup>th</sup> Wednesday in the month Ian McInnes 675457</p> <p><b>Stitch 'n' Craft (F)</b> 2 - 4 pm. 2<sup>nd</sup> and 4<sup>th</sup> Wednesday in the month Julie Ramsey 674645 Roina Sloss 330941</p>	<p><b>Zumba Gold (Y)</b> 10 - 11 am. Shirley Strang 07951 288192 Yvonne Campbell 07747 898562</p> <p><b>Easy Exercises 1 (Y)</b> 10 - 11 am.</p> <p><b>Easy Exercises 2 (Y)</b> 11 am. - noon Eric Niven 687035</p> <p><b>Play and Poetry Reading (W)</b> 10 am. - noon Jean Stuart 675207</p> <p><b>Spanish - 1 (W)</b> 10 am. - noon Jim Stewart 674347 Linda Brown 648246</p> <p><b>Italian - 1 (W)</b> 10.15 am. - 12.15 pm. Peter Kyle 670257 Tutor: Marco Piva 560207</p> <p><b>Yoga (W)</b> 10.30 am. - noon Danny McGinley 07930 397924</p> <p><b>Art and Chat (Y)</b> 10.30 am. - 4 pm. Barry Morgan 676333</p> <p><b>Cycling (Y)</b> Brian McKernon 07561 281789 Roger Russell 07582 705755</p> <p><b>Spanish - 2 (W)</b> 1 - 3 pm. Jim Stewart 674347 Linda Brown 648246</p> <p><b>Guitar (W)</b> 2 - 4 pm. Billy Strang 07961 313243</p>	<p><b>Bridge (Y)</b> 9.30 am. - 12.30 pm. Rowan Duggan 686696</p> <p><b>Beginners' German (W)</b> 10 am. - noon Neil Barlow 522117</p> <p><b>Carpet Bowls (W)</b> 2 - 4 pm. Brian McNeil 648733</p> <p style="text-align: center;"><b>Saturday</b></p> <p><b>Hill Walking (W)</b> Usually leaving between 8.30 and 9 am. from near the exit to Vikingar car park. Time and place may vary. Agnes Kennedy 689696 Billy Strang 07961 313243</p>
<p style="text-align: center;"><b>The Grapevine</b> <i>OIR's Monthly Newsletter</i></p> <p style="text-align: center;">Available at Monthly Meetings or the Office, from Group Leaders, or by e-mail. It may also be read on-line at: <b>oirlargs.org.uk</b></p> <p style="text-align: center;">Send items for inclusion to: <b>The Editor,</b> <b>Joan Robinson</b> <b>27A Frazer Street, Largs</b> <b>KA30 9HP</b></p>	<p style="text-align: center;"><b>As soon as the availability of Venues becomes known, an update of this Timetable will be published.</b></p> <p style="text-align: center;"><b>It will also be updated on our website: oirlargs.org.uk</b></p> <p style="text-align: center;"><b>Please remember that some Groups are meeting remotely.</b></p> <p style="text-align: center;"><b>Further details are available from the Group Leader.</b></p>			<p style="text-align: center;"><b>W = Weekly      F = Fortnightly</b> <b>Y = Year-round</b></p>